



Flapjack

Ingredients :

1 Egg

15 ml Butter – melted

125 ml Milk

½ cup Cranberries

250ml Flour

30 ml Sugar

Pinch Salt

1 T Baking Powder

Method :

- 1) Place into a liquidizer – 1 Egg, Butter, Milk and Cranberries. Liquidise until cranberries are fine in texture
- 2) Sieve the rest of the ingredients. Make a well in the center and add the liquid mixture to flour mixture
- 3) Spray n Cook a non stick pan and add a thin layer of butter to the pan and heat. Add mixture into the pan making even shapes by using cutters. Cook on a low heat.

Cranberry Sauce

Ingredients

1 tin Cranberries

Method :

- 1) Liquidise the cranberries and season according to your taste

Extra

Honey